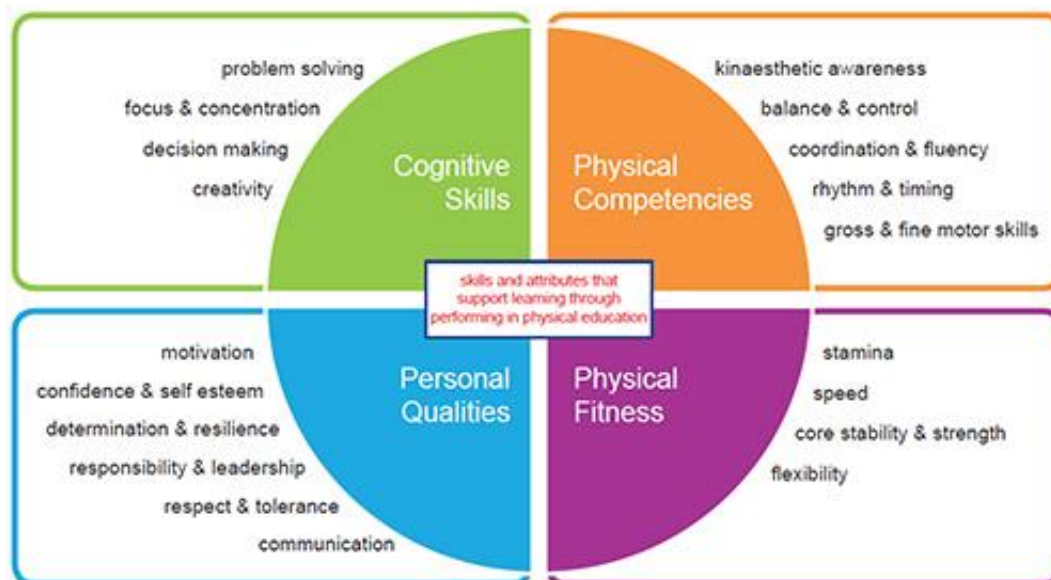


PE in Greenburn Primary

Throughout the year children in Greenburn Primary will experience many different activities, games and sports to help develop all 4 Significant Aspects of Learning for PE. These are Physical Fitness, Physical Competencies, Personal Qualities and Cognitive Skills.



The teaching and learning in PE is more than learning new skills and playing games. It also gives children the opportunity to express themselves outwith the classroom environment and helps them gain valuable life and social skills.

Our PE programme of work gives the children the opportunity to cover all significant aspects of learning, physical education experiences and outcomes and each PE benchmarks throughout the year. The programme is organised so that the children can build upon skills and experiences as they move through their 7 years of Primary school. Particular aspects of learning are highlighting as a focus area each term but other aspects will naturally be experienced, reinforced and developed through the activities provided. This allows for a rich experience for our children.

Motivation and Communication are two of the skills and attributes linked to the personal qualities significant aspect of learning. They permeate throughout all PE activities and experiences and are seen as key skills for our children.

The physical education experiences and outcomes will be covered either through the PE programme of work or through the wider experiences that the children will be involved in throughout their school year.

We were excited to launch our new PE planners at the start of the year and the children have already experienced so many activities and skills!

We have great links with Active Schools in Greenburn and work closely with them to enrich the PE experiences for our children. At the moment we are unable to have Active Schools in our school but are looking forward to welcoming them back when we can and setting up our afternoon and after school clubs.

Here are a few sites that might be good fun to use at home...

[NHS 10mins Shake up Disney Games](#)

[Youth Sports Trust: PE Home Learning](#)

[BBC: Boogie Beebies clips \(Dance\)](#)

[Yorkshire Sport Foundation: Home & Outdoor Activities](#)